



Samuel Broadbent House – 66 du Plooy St, Potchefstroom

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Activities – November 2020

Music morning

Residents enjoyed a music morning being performed by a gentleman who sings, and his wife, who plays the piano. Residents could sing along to old-time favourite songs.



Baking activity

Baking is always an enjoyable activity, for those who help, and for those who enjoy the treats afterwards. At Forget-Me-Not we baked delicious chocolate muffin cakes and everyone who was able helped. Residents also help with cleaning up afterwards and washing the dishes. The cake was a welcome treat enjoyed with afternoon tea.



Library...sorted

Books were donated from other Methodist Homes thanks to our Matron, who is an avid reader, and asked for donations. Residents helped throughout the month to sort out the library to include the new books.

Creative group - Christmas decorations

Residents in Eden made Christmas decorations, using toilet paper rolls. Everyone enjoyed this creative group and took the Christmas flowers to their rooms to hang on the door or in the rooms.



Alzheimer's support group

Our Alzheimer's support group met again, at Samuel Broadbent House, for the first time since lockdown. This group has been active for the last four years and their journey in caring for their loved ones with Alzheimer's disease has come to an end, as loved ones passed away. The group met for the last time, as we are preparing for a new group of individuals who still care for someone living with Alzheimer's disease. The members expressed their gratitude to Samuel Broadbent and management for this journey that we all walked together. They have formed lasting friendships and still keep contact with each other on a regular basis.



Christmas in November – live music

We had our Christmas lunch on 25 November and residents were treated to live music. In our care facility a musician played the violin and also walked from room to room, playing well known Christmas songs. Flat residents enjoyed beautiful live piano background music during their Christmas lunch.

