



On Wednesday February 7th, 2018 Samuel Broadbent House had a staff wellness day in co-operation with our Social Worker, Monica Moloto.

Employees were weighed, blood pressures and blood glucose levels were tested by professional staff and Monica assisted them to identify health risks and how to manage them.

Our staff is a very valuable asset and we realize that by taking care of them we ensure that residents are taken care of properly.

Staff with health issues were referred to applicable sources. 30 employees were screened and 19 were referred. Most of them are aware of hypertension or diabetes but have to be encouraged to take their condition seriously. 8 employees were counselled by Monica.

The whole day was a huge success and we hope to repeat it soon.



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