

## Assistive Devices: Training and Information week

---

During the week of 31 July to 2 August 2018 we presented an information week regarding walking aids and wheelchair use at Samuel Broadbent House. Information sessions were held regarding different walking aids that are available and how to choose the appropriate aid and use it correctly. Claire van der Walt, a Biocineticist did a presentation regarding the importance of balance and muscle strenght to reduce falls. One of our residents was elected for a balance evaluation, with Claire. At the end of the week there we held an Olympic Games event, using aids in a fun way. Four outreach students from the Netherlands helped to make it a fun afternoon.



During the month we also trained our Care Workers in recognising the residents' needs for assistive devices and the correct use and height of walking aids, as well as handling of residents in wheelchairs .

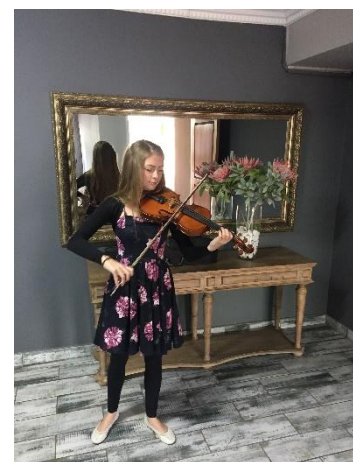


## WOMEN'S DAY HIGH-TEA

---



On 8 August we celebrated Women's Day with a High-Tea at Samuel Broadbent House. Tables were decorated, delicate food prepared and our beautiful ladies all came dressed up. Tatum de Vries, a young gifted woman, entertained us with beautiful violin music and we had a special morning together to celebrate the gift of being a woman.



Samuel Broadbent House  
66 du Plooy Street, Potchefstroom  
Tel: 018 285 0900  
e-mail: [sbb.info@mha.co.za](mailto:sbb.info@mha.co.za)



**Methodist Homes**

Providing affordable, secure and caring accommodation and services to the elderly