

Prim Villa – Specialist Alzheimer’s & Dementia home – Germiston



Recently residents of Prim Villa were treated to a “fun day”.

Residents living with dementia respond so well to babies and young children which brings out a whole different side of their behaviour.

Left is Lorenzo, the son of the village administrator, giving soft serve ice cream cones to the residents.

Also part of the fun activities on the day, residents enjoyed making popcorn and putting it into brown bags – then eating it!



The heat is on.....

Everyone was looking for a way to beat the heatwave conditions experienced over the Gauteng area during December.... **Right** is the “Prim Villa way”....

Red T-shirt day – Eden Alternative Principle

Red T-shirt day is one of the things that we learnt while doing the Eden training. It has been very easy to implement and has great results!

The dedicated nurse chooses one of their residents to participate in Red T-shirt day. At Prim Villa we do it every Friday for two residents, one from frail care and one from mid care. The nurses choose a different person each time. Because it is the persons dedicated carer they usually already know a lot about the resident. For this special day they must find out what the resident misses most and would love to do or have.

The carer together with the resident plans a fun activity or two and the carer makes a list of what is needed to make it happen. We supply the treats and on the Friday the carer wears a red T shirt and spoils their resident for a few hours. The spoils range from foot massages, to manicures, special tea party’s with pretty tables, cups and yummy cakes. It can be a walk to the shop and the resident selects what they would like to buy, like chocolates, crisps sweets etc. Some residents choose to go out for a milkshake or coffee and cake. We drop the resident and carer off at a restaurant and collect them when they are finished.

Red T shirt day has been such a hit, bringing residents and staff closer making the day very different and bringing joy and fun to a day with unexpected pleasures and treats. This alleviates boredom and makes the residents know that they are special and we care about their well-being and wishes. The staff get to experience that resident on a one on one basis and learns new things about the residents’ likes and dislikes, dreams and wishes each time they celebrate Red T shirt day. They are able to look behind the disease and see the real person. The resident feels special, loved and cared for and, most importantly, that their wants and needs are important and are heard!

Left: One of our residents being spoilt on red T shirt day eating chocolate and drinking coke while having a foot soak.



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Methodist Homes

Providing affordable, secure and caring accommodation and services to the elderly